

The Holy of Holies

THE THEORY OF EVERYTHING
AS I UNDERSTAND IT

(A Metaphysical Philosophy
Transgressing Nescience)



ANIL KUMAR SANGAL

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ANIL KUMAR SANGAL
(Swami Dhyan Utkarsh)



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सत्यमेव जयते

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July 4, 2021

To

Shri Anil Kumar Sangal,
Advocate-on-Record,
Supreme Court of India,
New Delhi.

Dear Anil Kumar Sangal,

Thank you for sending me a pre-publication copy of your book 'The Holy of Holies'. I had a chance to glance through the contents. I must commend you for the depth of your thinking and the liberated nature of your philosophy. I wish the publication all success.

Thank you,

(K.K. Venugopal)
Attorney General for India

अंदाज-ए-बयाँ गरचे बहुत शोख नहीं है
शायद कि उतर जाए तिरे दिल में मिरी बात

- अल्लामा इक़बाल

*Although my expression is not sharp enough,
yet may be my words move your heart.*

- Allama Iqbal



PREFACE AND PRELUDE

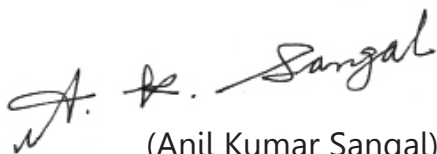
I was very anxious and inquisitive about everything since childhood. This book was however inadvertent and not a deliberate composition. The whole book had in fact been written by me in my own hand by way of messages on my WhatsApp Group, "The Holy of Holies", over a period of time, which were so fondly preserved by one of the members of the Group, Shri Yogesh Mittal, on his Laptop, and were later on forwarded to me on my e-mail, with an earnest suggestion that I must altruistically publish them in the form of a book. Hence this book. I also owe my gratitude to Shri Ashish Agrawal of M/s Pushpak Press Pvt.

Ltd. for such nice printing and presentation of the book.

Meanwhile, I had also received a number of interesting Questions on my Group and answered them too, which were also preserved and made available to me by Shri Mittal; but I decided not to make them part of this book.

I have written the text of the topics of this book in the same order and sequence as they intuitively occurred to me at different times and on the authority of my metaphysical experience and insight about the unity of everyone and everything and the universe.

I do not know whether I am a theist, atheist or agnostic. It is for my readers to deem or determine.

A handwritten signature in black ink, appearing to read 'A. K. Sangal', written in a cursive style.

(Anil Kumar Sangal)

Author

Delhi, June 11, 2021

PROLOGUE

There have always been from time immemorial some very intriguing questions which humankind wanted to know the answers of. Some of such pertinent questions in substance are, Who I am, What is the purpose of my life, Can I do anything to the things happening to me or around me, If anything in me survives my death, What is all this infinite around me, and the like.

There have not been any definite scientific answers to these questions so far; and, may be, the answers to these questions fall in realms of Metaphysics and Nescience.

So many 'Saints' and 'Sages' have tried to discover the answers to these questions by *jap-tap* and supposedly reached to certain conclusions (by various thought processes of conjectures, surmises or even hallucinations).

Their conclusions were in fact vindication of their own respective ideology, philosophy or hypothesis by their own persistence, and which, in turn, converted into their own honest convictions (may be due to self deception). Each of such convictions, gave rise to a faith or religion. *This explains, how and why, there are so many religions and religious sects with different faiths and beliefs about the same thing.*

This book seeks to address, inter alia, so many such questions.





The author is a practising Advocate-on-Record
in the Supreme Court of India.

*There is no 'God' sitting anywhere
in the skies.*

*Things simply happen, you would
never know why.*

*The Purpose of Life is to live and
to live only.*



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